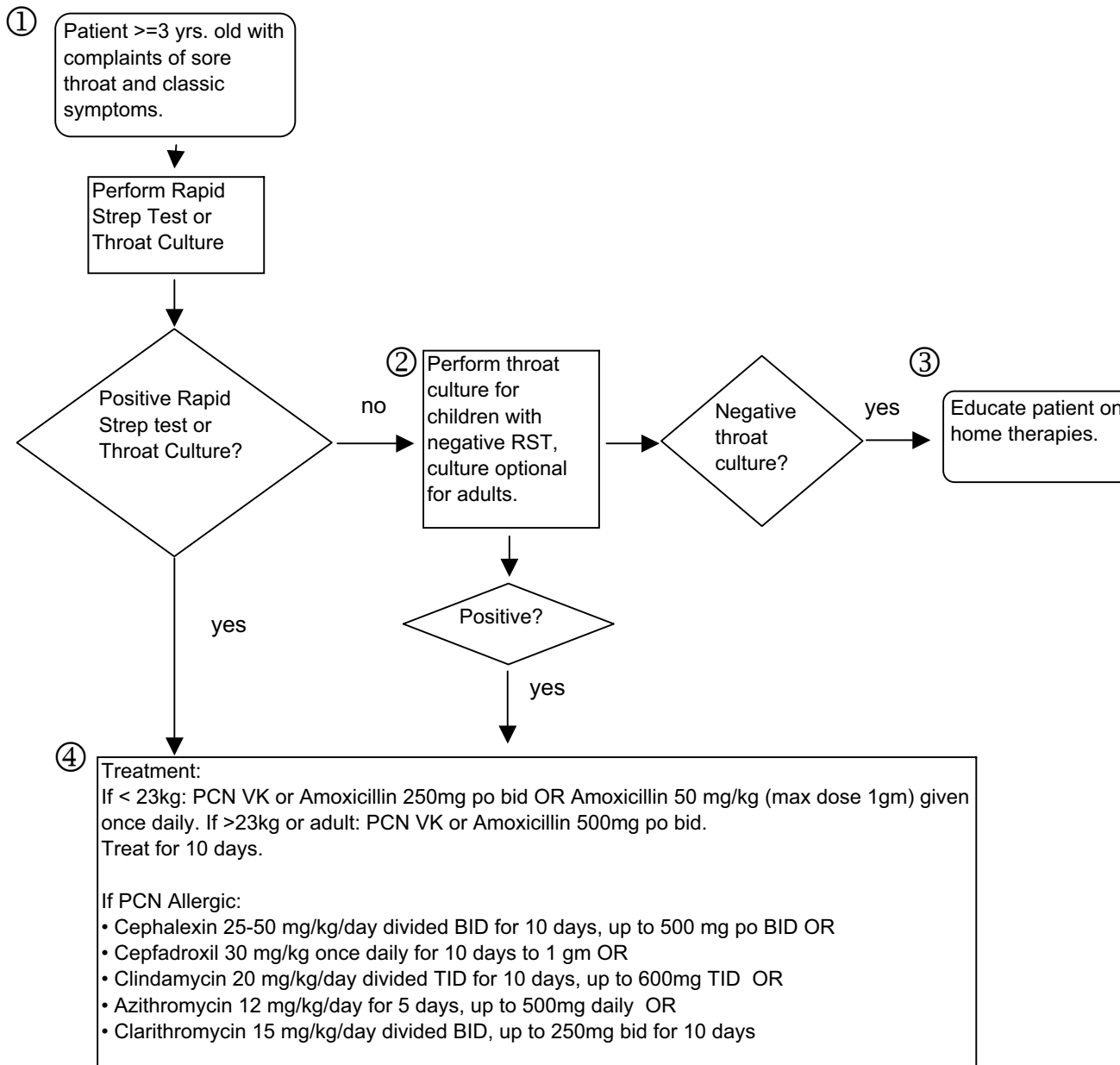


ASPIRUS NETWORK, INC. ACUTE PHARYNGITIS \geq 3 YEARS OF AGE



1.

Classic Group A Strep Symptoms:

- Sudden onset sore throat
- Exudative tonsillitis
- Tender anterior cervical adenopathy
- History of fever
- No rhinorrhea, cough, hoarseness, and diarrhea

2.

Throat culture should always be done for children and those at risk for Acute Rheumatic Fever (ARF), otherwise optional for adults as very low risk of ARF.

3.

Education:

- Take acetaminophen or ibuprofen. Do not use aspirin with children or teenagers.
- Gargle with warm salt water.
- Older children/adults suck on hard candy, lozenges, ice or frozen snacks such as popsicles.
- F/U if sx's worsen or persist > 5-7 days.

4.

Treatment:

PCN is the drug of choice. Empiric antibiotic RX (pending culture results) should be avoided. PCN resistance has not been documented for Group A Strep. Macrolide resistance is 5-8% in the US. Oral Amoxicillin suspension more palatable than PCN for children. Re-evaluate for ongoing or worsening symptoms.