

**HOME CARE INSTRUCTIONS FOLLOWING EYELID
SURGERY - Dr. Flaherty, Dr. Sprik,
Dr. C. M. Galang, Dr. L. F. Galang**

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Date: _____

GENERAL

1. You can expect to have some swelling and bruising. Some of the bruising may move down under your skin to the cheek and lower lid area, even if only the upper eyelid was done.
2. You can expect to have some mild discomfort. This is normal. Use regular or extra strength Tylenol. **Do not use aspirin.**
3. If your doctor feels that you may have more severe pain, he will prescribe stronger medication that will not predispose you to bleeding.

MEDICATIONS

Continue any medications previously prescribed for your eyes, unless instructed otherwise by your doctor.

1. New Medications:

2. Last dose of pain medication:

ADDITIONAL NOTES:

SURGICAL SITE CARE

1. Use ice to the incision 10 minutes out of every hour for the next 24-48 hours. (You do not have to get up during the night to do this.) Consistent ice application can decrease swelling.
2. For crusting around the suture lines, cleanse the area with clean, warm water. Avoid rubbing hard directly over the suture line.
3. If little steri-strips (white tapes) have been applied, leave these on until they fall off.
4. Bathe or shower as usual, but avoid having water from the shower directed at the surgical site.
5. Apply ointment to the surgical site _____ times per day.
6. If you have tube placement. Do NOT rub or dislodge.
7. No lifting or bending below the waist for two weeks. Keep the head of the bed elevated for 3-4 days (use at least 3 pillows).
8. **For Dr. Sprik only:** After the first 24 hours, apply warm moist packs every 15 minutes, three times a day until sutures are removed.

PRECAUTIONS

Although it is rare, certain complications can occur with eyelid surgery. Contact your doctor immediately if you experience any of the following:

1. Any sign of infection: marked increase in discomfort around incision, with redness, pussy discharge, extreme warmth at the surgical site, or fever over 101 degrees.
2. Visual changes or decrease in vision.
3. Any other concerns about your recovery.
4. Allergic Reactions: Potential for reactions can occur with any topical antibiotic. If increased redness, itching, or swelling occurs, stop the antibiotic and call your doctor immediately





Wausau, WI

715.847.2121 ~ 800.283.2881

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SAFETY

1. You can expect to feel dizzy, weak and drowsy for up to 12 hours after receiving sedation or taking prescription pain medications.
2. Please follow these instructions for that time:
 - a. **DO NOT** drive a car or operate machinery. Your reflexes and coordination are not up to normal.
 - b. Have standby assistance on stairways.
 - c. No alcoholic beverages today.
 - d. Postpone signing any important papers or making any important decisions.
3. Because of the effects of anesthesia/sedation, we recommend that you have someone stay with you for 12-24 hours or overnight following your procedure.

RETURN APPOINTMENT

DR: _____

Date/Time: _____

A nurse will attempt to call you in the next few days to discuss your recovery and any questions or concerns you may have. If you have a question or concern before you hear from us, please don't hesitate to call. In case of an emergency, please go to your nearest emergency facility.

WHO TO CALL

Someone is available 24 hours a day to assist you.

Dr. _____

or Eye Clinic Phone: 715.845.8201 ~ 800.472.0033

Aspirus Day Surgery Plus

6:00 am - 7:00 pm, Monday-Friday
Phone: 715.847.2907

I have discussed the above information with a nurse and my questions have been answered to my satisfaction.

Patient Signature _____

Date _____

RN Signature _____

Date _____

Time _____

Unit Clerk Signature _____

Date _____

Time _____