

**CORNEAL TRANSPLANT (PKP)
POST OPERATIVE INSTRUCTIONS**
Calvin D. Sprik, Kevin Flaherty, & Dr. Parmley

SURGICAL SITE CARE

Surgical Site:

1. Always wash your hands before caring for your eye.
2. Leave your patch and shield in place until tomorrow's doctor visit.
3. Wear the eye shield for sleeping for one week after surgery.
4. Sunglasses may be worn indoors or outdoors if bright lights bother you.
5. Take the eye box to the clinic tomorrow.

Medication:

1. If you are on glaucoma medications, continue those as you always have in your unoperated eye. Stop all of eye drops in your operated eye.
2. Use drugs as labeled in operated eye after first post op visit.
3. Resume all previous medication except:

NEW MEDICINE

Vision: This is quite variable. We will not have you change glasses for about 3 months or longer. If your old eyeglass lens blurs your vision, it can be removed from your glasses. Without glasses, however, your near vision usually will be poor.

Healing:

- Bruised and swollen lids are frequent and will resolve.
- Double vision may be noted the first week or so.
- If the eye matters excessively, gently apply a clean washcloth soaked in warm tap water over the closed lids to loosen this material.
- The eye is usually red at first and close examination may show a change in your pupil.
- Floating black spots or fine webs before your eyes are common.
- Scratchiness and itching are common and are not danger signs.

COMFORT

Some pain may be present for the first day or two. You may use Tylenol, two tablets orally every four hours, as needed. Any severe or prolonged pain should be reported to the surgeon.

DIET

Resume regular diet and medications.

ACTIVITY

Refrain from strenuous activities such as lifting over 15 pounds, shoveling snow, etc. for three weeks. You may stoop or bend, be outside, do light work, read or cook without damage to the eye after the first day. Your hair may be washed or shampooed if desired; try to keep soap out of the eye. Do not lie on operated eye.



