

**HOME CARE INSTRUCTIONS FOR GENERAL ANESTHETIC OR IV (INTRAVENOUS) SEDATION**

Page 1 of 1

Date: \_\_\_\_\_

**DIET**

Some of the sedative/anesthetic medication you received today may make you nauseated. Begin with clear liquids and then progress to solid foods as your stomach tolerates them. If you become nauseated, tea or carbonated beverages are helpful. If **vomiting** persists, call your doctor.

**SAFETY**

1. You can expect to feel dizzy, weak and drowsy for as long as:
  - 24 hours after receiving general anesthetic.
  - 12 hours after receiving sedation.
  - While taking prescription pain medications.
  
2. Please follow these instructions for that time:
  - a. **DO NOT** drive a car or operate machinery. Your reflexes and coordination are not up to normal. Have standby assistance on stairways. Children should not ride bicycles or ride-on toys.
  - b. No alcoholic beverages.
  - c. Postpone signing any important papers or making any important decisions.
  
3. Because of the effects of anesthesia or sedation, we recommend that you have someone stay with you for 12-24 hours or overnight following your procedure.

**WHEN TO CALL**

If any of the following symptoms occur: persistent nausea and vomiting, fever over 101° F., a rash or anything that concerns you about your recovery.

**WHO TO CALL**

Dr.

Phone:

After hours phone:

**Aspirus Day Surgery Plus**

Open 6:00 a.m.-7:00 p.m., Monday - Friday

Phone: 715.847.2907

**RETURN APPOINTMENT**

DR:

Date/Time:

A nurse will attempt to call you in the next few days to discuss your recovery and any questions or concerns you may have. If you have a question or concern before you hear from us, please don't hesitate to call. In case of an emergency, please go to your nearest emergency facility.

**I have discussed the above information with a nurse and my questions have been answered to my satisfaction.**

\_\_\_\_\_  
Patient or Responsible Party Signature

\_\_\_\_\_  
Date/Time

\_\_\_\_\_  
RN Signature

\_\_\_\_\_  
Date/Time

