

**HOME CARE INSTRUCTIONS FOLLOWING
TEAR DUCT SURGERY – Dr. Galang**

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Date: _____

COMFORT

1. It is unusual for discomfort or pain to be severe enough to require medication, but Tylenol may be given if necessary.
2. For children 6 months to 6 years, Tylenol syrup as directed.
3. For children older than 6, one tablet of Tylenol taken orally every 4 hours for discomfort.

MEDICATIONS

1. New medications: Use Tobradex drops three (3) times a day in the operative eye for ten (10) days. Begin the drops on the day of surgery unless otherwise instructed by Dr. Galang.
2. Last dose of pain medication:
- 3.

SURGICAL SITE CARE

1. Always wash hands before caring for the eyes.
2. A small amount of bleeding may occur from the nose and/or eye for 36 hours after probing.
3. Tearing may persist for 2 weeks after the procedure.
4. If bleeding persists for more than 36 hours, call the office.
5. Use the medication as directed for 10 days after surgery.

DIET

The anesthetic medications may make your child nauseated. Begin with clear liquids and then progress to solid food as tolerated. Carbonated beverages are helpful for nausea. If vomiting persists, call the office.

WHEN TO CALL

If any of the following occurs, do not hesitate to call:

1. Fever (greater than 100° F).
2. Persistent nausea with vomiting.
3. Rash.
4. Bleeding that persists for more than 35 hours.
5. Any other concerns about your recovery.

SAFETY

1. You can expect to feel dizzy, weak and drowsy for up to 12 hours after receiving sedation or taking prescription pain medications.
2. Please follow these instructions for that time:
 - a. **DO NOT** drive a car or operate machinery. Your reflexes and coordination are not up to normal.
 - b. Have standby assistance on stairways.
 - c. No alcoholic beverages today.
 - d. Postpone signing any important papers or making any important decisions.
3. Because of the effects of anesthesia/sedation, we recommend that you have someone stay with you for 12-24 hours or overnight following your procedure.





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Date: _____

WHO TO CALL

DR.

PHONE:

AFTER HOURS PHONE:

Eye Clinic Someone is available 24 hours a day to assist you.

Phone: 715.845.8201 ~ 800.472.0033

Aspirus Day Surgery Plus

6:00 am - 7:00 pm, Monday-Friday

Phone: 715.847.2907

RETURN APPOINTMENT

DR:

Date/Time:

A nurse will attempt to call you in the next few days to discuss your recovery and any questions or concerns you may have. If you have a question or concern before you hear from us, please don't hesitate to call. In case of an emergency, please go to your nearest emergency facility.

I have discussed the above information with a nurse and my questions have been answered to my satisfaction.

Patient or Responsible Party Signature

Date/Time

RN Signature

Date/Time